

BLEEDING CONTROL

EQUIPMENT	Gloves, Bandages
------------------	------------------

ELEMENT	EVIDENCE REQUIRED
1. Check for danger	<input type="checkbox"/> Look for hazards and risks
2. Infection Control	<input type="checkbox"/> Utilises standard infection control precautions
3. Arrange help	<input type="checkbox"/> Have a bystander call for the ambulance on triple zero (000) <input type="checkbox"/> Arrange for a Defibrillator if available
4. Self protection issues	<input type="checkbox"/> Be aware of manual handling risks associated with first aid
5. Attempt to stop the bleeding	<input type="checkbox"/> Sustained direct pressure by the victim <input type="checkbox"/> Sustained direct pressure by the first aider (if possible wear gloves)
6. Assistance to control bleeding	<input type="checkbox"/> Elevate the bleeding part <input type="checkbox"/> Restrict the movement <input type="checkbox"/> Immobilise the part
Advance bleeding control	
7. Tourniquet* *This is a last resort for life threatening bleeding	<input type="checkbox"/> A wide bandage of at least 5cm high applied above the bleeding point <input type="checkbox"/> Tight enough to stop the flow of blood <input type="checkbox"/> Note the time of application <input type="checkbox"/> Not to be removed by first aider <input type="checkbox"/> A tourniquet not to be applied over a joint or wound
8. Administer oxygen	<input type="checkbox"/> If available
PLEASE NOTE	Gloves should always be worn