

COMPLETE CHOKING OBSTRUCTION

EQUIPMENT	Gloves, Manikin
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ELEMENT	EVIDENCE REQUIRED
1. Check for danger	<input type="checkbox"/> Look for hazards and risks
2. Infection Control	<input type="checkbox"/> Utilises standard infection control precautions
3. Arrange help	<input type="checkbox"/> Have a bystander call for the ambulance on triple zero (000) <input type="checkbox"/> Arrange for a Defibrillator if available
4. Self protection issues	<input type="checkbox"/> Be aware of manual handling risks associated with first aid
5. Signs of complete obstruction*	<input type="checkbox"/> Recognises no breathing movement <input type="checkbox"/> Recognises no sounds of breathing <input type="checkbox"/> Recognises no speech is possible *Please note, an airway obstruction may not be apparent in a non breathing unconscious victim, until rescue breathing is attempted
6. If conscious with a severe obstruction	<input type="checkbox"/> Perform up to five sharp back blows with the heel of one hand in the middle of the back between the shoulder blades <input type="checkbox"/> If still obstructed, perform up to five chest thrust <input type="checkbox"/> Use gravity by placing their head down whilst treatment being delivered <input type="checkbox"/> If unsuccessful, continue the sequences
PLEASE NOTE	This procedure is for a complete choking obstruction incident only