

# ANAPHYLAXIS

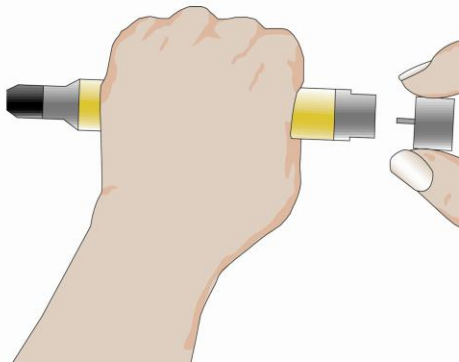
Ensure the safety of everyone

Call the ambulance on Triple Zero (000)

Anaphylaxis refers to a severe allergic reaction that is considered a medical emergency and life threatening. Known triggers of anaphylaxis include nuts, shellfish, medications and herbal products.

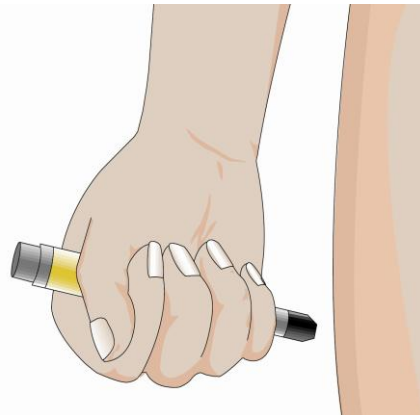
1

Form a fist around the Epi-Pen and pull off the grey cap



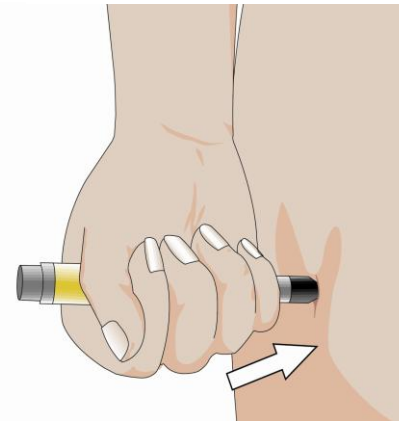
2

Place the black end against the outer mid-thigh



3

Push down HARD until a click is heard or felt. Hold in place for 10 seconds



4

Remove the Epi-Pen and be careful not to touch the needle. Massage the injection site for 10 seconds

## Signs & Symptoms

- Swelling of mouth, face, neck or tongue
- Red Skin / Rash
- Rapid Pulse
- Difficulty / Noisy Breathing
- Swelling of tongue
- Swelling / Tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or Persistent cough
- Loss of consciousness / collapsed
- Pale or Floppy

For more information visit [www.allergy.org.au](http://www.allergy.org.au)