

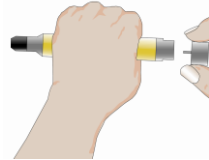
EpiPen® (pictured) recommended for adults and children over 20kg\*\*



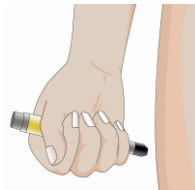
EpiPen Jr® recommended for children 10-20kg\*\*

## Using an EpiPen

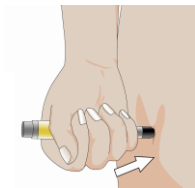
**1** Form a fist around the Epi-Pen and pull off the grey cap



**2** Place the black end against the outer mid-thigh



**3** Push down HARD until a click is heard or felt. Hold in place for 10 seconds



**4** Remove the Epi-Pen and be careful not to touch the needle. Massage the injection site for 10 seconds



## Signs & Symptoms

- Swelling of mouth, face, neck or tongue
- Red Skin / Rash
- Rapid Pulse
- Difficulty / Noisy Breathing
- Swelling of tongue
- Swelling / Tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or Persistent cough
- Loss of consciousness / collapsed
- Pale or Floppy

Anapen® (pictured) recommended for adults and children over 20kg\*\*



Anapen Junior® recommended for children between 10-20kg\*\*

## Using an Anapen

**1** Remove black needle cap



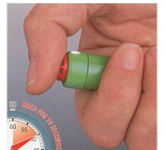
**2** Remove grey safety cap from red firing button



**3** Place needle end against outer thigh (through clothing or on bare skin)



**4** Press red button so it clicks & hold in position for 10 seconds. This allows the full dose of adrenaline to be injected



**5** Remove Anapen – Do not touch needle. Massage injection site for 10 secs

\*\* These figures are based on expert opinion which is at variance with the approved product information. For more information visit [http://www.allergy.org.au/anaphylaxis/epipen\\_guidelines.htm](http://www.allergy.org.au/anaphylaxis/epipen_guidelines.htm)