

MANUAL HANDLING

EQUIPMENT	Gloves, equipment that exists in the workplace
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ELEMENT	EVIDENCE REQUIRED
1. Check for danger	<input type="checkbox"/> Look for hazards and risks <input type="checkbox"/> Implement practices to prevent or minimise risk
2. Infection Control	<input type="checkbox"/> Utilises standard infection control precautions
3. Arrange help	<input type="checkbox"/> Lifting apparatus <input type="checkbox"/> Hoists <input type="checkbox"/> Trolleys <input type="checkbox"/> Pallets jacks <input type="checkbox"/> Belts <input type="checkbox"/> Other equipment
4. Self protection issues	<input type="checkbox"/> Be aware of manual handling risks <input type="checkbox"/> Use gloves <input type="checkbox"/> Safety boots <input type="checkbox"/> Eye protection <input type="checkbox"/> Overalls
5. Use reading and writing skills to	<input type="checkbox"/> To understand symbols used for OHS signs <input type="checkbox"/> Read workplace safety pamphlets or procedures manuals <input type="checkbox"/> Read labels and handling chemicals
6. Understand workplace procedures	<input type="checkbox"/> Hazard identification policies and procedures <input type="checkbox"/> Emergency, fire and accident procedures <input type="checkbox"/> Job procedures and work instructions
7. Essential practical skills	<input type="checkbox"/> Apply lifting, lowering and transfer techniques of manual handling -Bending from the knees -Maintain a straight back when lifting and carrying -Using two hands to lift or carry -Avoiding lifting objects above shoulder height -Adopting non repetitive movements <input type="checkbox"/> Apply safe handling practices and other safety procedures <input type="checkbox"/> Demonstrate correct use of equipment according to manufacturer's specification
8. Use of oral questioning	<input type="checkbox"/> Asking questions <input type="checkbox"/> Providing clear information <input type="checkbox"/> Listening to and understanding workplace instructions <input type="checkbox"/> Clarifying workplace instructions <input type="checkbox"/> Recognise the need for competence in English or a community language depending on the client group