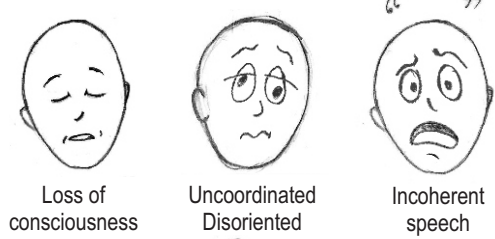


# CONCUSSION

Ensure the safety of everyone  
Call the ambulance on Triple Zero (000)

## Signs – visible clues:

Errors in response/repeating questions



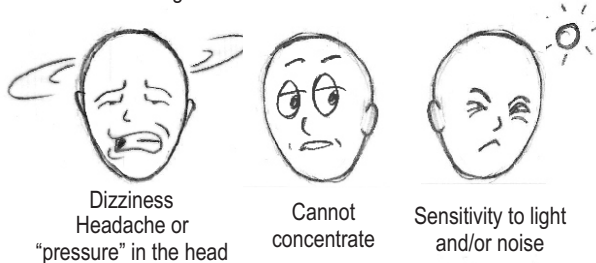
Loss of consciousness      Uncoordinated Disoriented      Incoherent speech



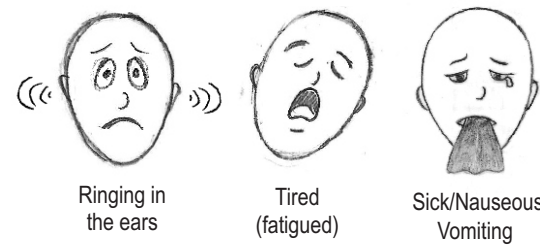
Not aware of events Confused      Memory loss      Dazed or stunned Vacant stare

## Symptoms – casualty feels:

Emotional e.g. sad or nervous



Dizziness Headache or "pressure" in the head      Cannot concentrate      Sensitivity to light and/or noise



Ringing in the ears      Tired (fatigued)      Sick/Nauseous Vomiting

### 1. RECOGNISE

### 2. REMOVE OR STOP

### 3. REFER

Stop activity around them – Immediate DRSABCD – Do not move – Spinal immobilisation – Verbally assess  
Ask questions – Check responses – Establish condition

**CONCUSSION**

**CALL 000**

**UNCONSCIOUS**

ASSESS FOR SPINAL INJURY SYMPTOMS

**NO**  
Remove from area  
Keep still and at rest  
Do not leave alone

**YES**  
Stop – Keep still  
Keep the neck and spine aligned



Take note of symptoms: When – How long – How bad – Record if possible

Monitor – Refer to a medical professional – Provide a report  
Treat other injuries as required – Ensure parents/carers are contacted if a minor

**Treat as for spinal injury**  
Gain assistance if possible  
Assess airway/breathing  
Not breathing normally: CPR  
Breathing normally: Align and immobilise spine/neck  
Gently roll on his/her side  
Ensure airway is clear

**FOR CONCUSSION AND UNCONSCIOUSNESS, NO MATTER HOW BRIEF – CALL 000 – REQUEST AN AMBULANCE**