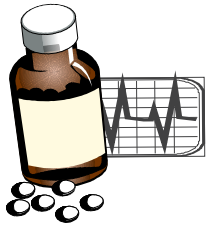


DRUG & ALCOHOL OVERDOSE

Signs & symptoms are different for everyone



Delay could be DEADLY!

NOT Moving but **IS** Breathing

Turn them over onto their side

Continually check they are Breathing

NOT Moving & **NOT** Breathing

Try to get a response

Start CPR
Do 30 compressions on their chest

Tilt their head and give two breaths

Look out for your mates

Don't let anyone be alone



**CALL THE
AMBULANCE ON
000**



Remember.....

Ambulance officers DO NOT tell the police that you or your friends have taken drugs

You have NOTHING to fear by calling the paramedics for help, and you may save a friend's life